

Love & Family Life

What is the Foundation of True Love & Family Life is Insight what I would like to describe.

If childhood is healthy, then we have established a good foundation as Human Beings, and then we are able to care for ourselves, contribute to society and share the love with others.

This also means that we can also take the next step in the life, the step of being able to explore the spiritual dimension of ourselves. Families are the central training grounds for the entire life the first step in a child spiritual development. Parents are their children's first gurus, and if they complete their duties wisely than the child moves on to other level of learning.

I love to see the children as they travel; they are so pure and their faces are so open & honest, children are delight to me. They are so pure that if you love and accept them they know it and respond, and if you don't love them, they also know it. If you want to see the image of the living God, you can see it in the faces of the children.

Children are sensitive to things that many other people cannot perceive, especially when they are very young, because that have not learned to lie and conceal the truth. But by the time they are older, they have developed this sense of false self, especially in families where they did not feel loved or safe.

Great souls are there's who have loved all children. Gandhi used to play with children; they would run to him and make noises in his face and play games, and adults would try to keep the children bothering him, but he would reply. "Leave us alone; I am playing with my friends."

SOMETIMES MODERN PARENTS SEEM TO BE UNABLE TO APPRECAITE THIS BEAUTY, PERHAPS BECAUSE ADULTS ARE SO STRESSED AND RUSHED IN THE

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MODERN WORLD THAT THEY HAVE NO TIME TO ENJOY THE BEST PART OF THEIR LIVES.

Family life is a preparation to accept and love the whole humanity.

Marriage or Relation Explained:

People have not learned to live skillfully more than anything else, it is problem of people not adjusting each other and to realities of family life. We do not know each other and to realities of the family life. We don't have nay clear goal in life. If we shared a clear goal in life, we could understand how to adapt each other and create harmonious families.

Human beings are social beings; we cannot possibly live entirely without contact with others. Even those who has adopted a monastic life need social relationship. The first relationship a person has is with his or her mother.

Some people think that many men and women turn to married life only for the sake of security, motivated by selfishness and fear of being alone. Actually the institution of marriage exists for a much higher purpose; it is not simply a biological or emotional convenience. The great sages teach that marriage is more sacred than a mere contract or arrangement in which two people decide to get together and live with each other. Marriage has a goals and both partners should have a common purpose, regardless of the country from which they come or their cultural religious, philosophical or historical backgrounds. Everyone seeks happiness in the world' when everything round us is changing so constantly. In Sanskrit the word for marriage is vivaha, which signifies that two people have decided to tread their paths together and attain the highest state of happiness in this lifetime.

Modern society is still engaged in process of social & interpersonal experimentation, exploration and inquiry. It is attempting to discover the goal

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of human life. If a person cannot live peacefully with one other person, how can he or she live harmoniously with all of humanity?

When you live strictly as an individual, you understand only yourself. Your whole mind, body, actions and speech are geared to an awareness of your own ego and its needs and desires. But goal of marriage is to learn to expand your understanding and sensitivity to your partner.

“ In Modern World living with one person for a long time is sometimes considered to be kind of torment or hardship. Change is considered to be interesting, exciting & beneficial. People get bored or frustrated with each other. When this happens they think, “ why should I live with this person?”

The highest guiding principle in marriage should be selfless service to one's partner. Selfless action is the real expression of love. The opposite of selfless love is having expectations and making demands. The great mistake that we make in relationships is that we have so many expectations of each other.

Young people in particular often expect too much from marriage they think that once they are married they will achieve fulfillment in life .

But happiness cannot be achieved by settings conditions or building boundaries; happiness means expansion means love. Love includes a willingness to serve. A person who truly loves serves others selflessly.

ThankYOU..

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